

MEAL PRICES

Breakfast:

PK-12 \$1.60

Reduced - \$.30

Adults - \$2.20

Milk \$.40

Lunch:

PK-6 - \$2.60

7-12 - \$2.75

Reduced - \$.40

Adults - \$3.60



October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>WG Breakfast Pizza Apricots</p> <p>Pig in a Blanket Baked Beans Cauliflower Pineapple</p>	<p>3</p> <p>Syrup Tuesday Pineapple</p> <p>Burrito w/Cheese Green Beans Rosy Applesauce HS - Chips</p>	<p>4</p> <p>WG Muffin Rosy Applesauce</p> <p>Chicken Quesadilla Sweet Potato Tots Pears *Choc. Chip Rice Krispy Treat</p>	<p>5</p> <p>Sausage & Cheese Bagel Pears</p> <p>Chicken Nachos Spanish Rice Refried Beans Mandarin Oranges</p>	<p>6</p> <p>WG Biscuit Sausage & Gravy Mandarin Oranges</p> <p>Cheeseburger on WG Bun Smile Potatoes Applesauce *Homecoming*</p>
<p>9</p> <p>WG Breakfast Pizza Applesauce</p> <p>Chicken Fajita Onions and Peppers Spanish Rice Fruit Cocktail</p>	<p>10</p> <p>Syrup Tuesday Fruit Cocktail</p> <p>Crispito's w/ Cheese Refried Beans Banana, Pineapple, & Mandarin Oranges</p>	<p>11</p> <p>*WG Choc. Chip Muffin Bananas and Mandarin Oranges</p> <p>Super Nachos w/ Cheese Mixed Vegetables Pears</p>	<p>12</p> <p>WG Biscuit Sausage & Cheese Pears</p> <p>Italian Pasta Bake Broccoli Pineapple Garlic Bread</p>	<p>13</p> <p>WG Biscuit Sausage & Gravy Pineapple</p> <p>Cheeseburger On WG Bun French Fries Peaches</p> <p>*Early Release*</p>
<p>16</p> <p>WG Breakfast Pizza Peaches</p> <p>Chicken Leg Mashed Potatoes Gravy Mandarin Oranges Roll</p>	<p>17</p> <p>Syrup Tuesday Mandarin Oranges</p> <p>Frito Chili Pie Glazed Carrots Blueberries Jubilee *Cookie</p>	<p>18</p> <p>*Peach Coffee Cake Sausage Patty Blueberries Jubilee</p> <p>Cheese Ravioli w/ Sauce Peas Pineapple Bread Stick</p>	<p>19</p> <p>Breakfast Burrito Pineapple</p> <p>Chicken Filet Sandwich On WG Bun Corn on Cob Pears</p>	<p>20</p> <p>No School</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 WG Breakfast Pizza Mandarin Oranges Chicken Nuggets Mashed Potatoes Gravy Peaches *Cookie	24 Syrup Tuesday Peaches Mac & Cheese/ Little Smokies Mixed Vegetables Cinnamon Apples Roll	25 *WG Choc. Brownie Muffin Sausage Patty Cinnamon Apples Turkey and Cheese Sandwich on WG Bun Hash Brown Patty Applesauce	26 Egg & Cheese Bagel Applesauce Cheeseburger on WG Bun Sweet Potato Tots Apricots	27 WG Biscuit Sausage & Gravy Apricots Breaded Pork Patty Chicken Rice Broccoli Fruit Cocktail HS- Roll
30 WG Breakfast Pizza Fruit Cocktail Chicken Fried Steak Mashed Potatoes Gravy Pears HS - Roll	31 Syrup Tuesday Pears Chicken Parmesan on WG Bun Green Beans Strawberries and Bananas *Happy Halloween*	To qualify as a reimbursable meal each meal MUST have ½ cup fruit/vegetable/ or combination of the two <i>Take your pick of Fresh Fruit or Veggies everyday off our Fresh Patch!!!</i>	All Middle School/High School Ala Carte options meet USDA Smart Snack at School Nutrition Standards. ***BOLD PRINT items are made fresh in house	4 Offered Daily for Breakfast: 100% Fruit Juice Assorted WG Cereals 1% White Milk Skim Chocolate Milk *ONLY 1% White Milk offered to Preschool

This institution is an equal opportunity provider.

What to do with leftover candy, make Witches Brew Brownies!

<https://www.homemadeinterest.com/turn-your-leftover-candy-into-witches-brew-brownies/>

**Veggie/Fruit
Patch Offered
Daily**

**OCTOBER IS MONTH FOR
CELEBRATING**

- October 4th – Walk to School Day
- October 13th – Silly Sayings Day
- October 18th – Nat'l Take your Parents to Lunch
- October 23rd – iPod Day
- October 30th – Nat'l Candy Corn Day

FALL is HERE!!!

Visit a pumpkin patch and get those pumpkins decorated for Halloween. Clean the seeds toss them with butter and salt and bake em at 300 degrees for 45 min. stirring occasionally... YUM YUM

There's still time to come watch some Brave High School/Middle School Cross County, Volleyball, and Football.

And remember to wear reflectors when trick or treating and have your parents check your candy before you eat any.



Items with * Preschool is **NOT ALLOWED** to have due to new CACFP Regulations

Menu is Subject to Change

